

## Mariam Zakhary, DO

Dr. Mariam Zakhary is a Sports Medicine physician who is the Medical Director Downtown for Rehabilitation and Human Performance, Director of Running Medicine, and chief medical advisor to USA Fencing.

**SWAG INITIATIVE PRESENTS**

HUMAN & SPORTS PERFORMANCE SERIES

MONDAY, AUGUST 1ST, 2022  
AT 5:30 PM

US OLYMPIC TEAM SPORTS MEDICINE

MARIAM ZAKHARY, DO

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Dr. Zakhary believes that all people should be able to reach their physical potential and uses several modalities to help them do so. She is trained in several interventions that include spinal and peripheral injections. Being an athlete herself, growing up, she understands the demands movement has on the body, but also how to utilize movement as medicine and optimize performance, and decrease pain.

In addition to her work at Mount Sinai, she is a member of AAPM&R, AMSSM, and AAP, and works closely with USA fencing as their Medical Mdivsor.

Dr. Zakhary holds a DO from Rowan-SOM University and is Board-Certified in both sports medicine and physical medicine and rehabilitation.